

# OFFICIAL NEWSLETTER OF THE UTAH DRESSAGE SOCIETY

APR / MAY 2009

## Utah Dressage Society

### Special Points of Interest:

- *Office of the President—a bi-monthly update from Stacey Ade, UDS president*
- *Clinic review from Jill Knittel, UDS Scholarship recipient*
- *2008 Award Winners Photo*
- *UDS FAQ*

## LETTER FROM THE EDITOR

MRS. ED

Spring? You decide!

I, for one, am delighted that our snowpack is reaching an acceptable level. On the other hand, Bravo and I are TIRED of riding inside.

My apologies for the late newsletter—I'll just call it 10 days of technical difficulties and not name any internet provider names ...

Since the last newsletter, I have made the following modifications based on input from members and board:

- 1) We're not including meeting minutes, they are online
- 2) Added a reference to

upcoming Board meetings

- 3) Added the list of board members and all of their contact information

- 4) Added a Q & A section

Next time I hope to have a name for the newsletter (See page 3 for the contest information).

As we crawl out of our winter hibernation, I encourage everyone to check the calendar for clinics. Thanks to some energetic and dedicated people, we have a good array of clinicians coming to the area. Coordinating a clinic is not an easy thing, especially if the clini-

cian has not been here before, and an acceptable number of riders is in question.

Regardless of who you take lessons with, clinics are an invaluable addition to any training program. Research the clinicians with whom you are not familiar, and talk to the organizers and to people who have ridden with them. Learn about their attitudes and methods then decide if you wish to attend.

It is often simplest to attend only clinics that are recommended by your current trainer/teacher. And there is something to be said for

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**Bravo**—Welsh Pony/Cob and #1 Newsletter Advisor (AKA Mr. Ed)

*"It's all about 'TUDE"*

### Inside this issue:

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## OFFICE OF THE PRESIDENT

STACEY ADE, UDS PRESIDENT

### The Changing Roles Of The UDS Board

The one thing I can say about the UDS Board is that it adapts to change! We recently found ourselves without a replacement for the Director of Competitions as Julie Fox completed her term. Eva Adolphi has been working with Sue Jero, who was our VP, passing along her never ending knowledge

as show manager. It seemed natural at that point for Sue to take over the Director of Competitions. A notice was placed on the UDS website that we were looking for a person to take over Sue's VP responsibilities.

In response to that notice - Stephanie Brown-Beamer expressed an interest in filling that position. After several conversations, Stephanie

was asked to attend our Feb. UDS Board meeting to further discuss the possibility. After more discussion and clarification of the VP roll, it was put to a vote and Stephanie was voted in to replace Sue for the VP roll. I commend Stephanie for her desire to help out and get involved at this level. It will be good to have a trainer as

*(Continued on page 2)*



Stacey Ade—UDS President

**MRS. ED** CONTINUED

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continuity. On the other hand, different can be good.

Of course, if you're completely satisfied with your current progress (please send email and tell me how this feels) exploration is probably not warranted.

But for those of us who continue to seek, it's valuable to avail ourselves of new input. Who knows—someone we haven't met before may articulate a concept in a way that suddenly gives us understanding.

Of course the basic concepts of dressage don't change much. However, the methods and techniques for inte-

grating and executing those concepts can vary considerably.

If you're unsure, then consider auditing clinics. The fees for auditing are usually low to none, and can give you a good idea of whether or not you wish to pay the *big bucks* to ride with the clinician.

As you experiment with new techniques or approaches, remember to listen to your horse. He or she will generally let you know what's working and what's not.

It can be rather dramatic to break out of old habits. At the same time, if our application of a new technique or method seems persistently counterproductive, it's wise to discuss

it with the teacher (if possible) or another trusted source, and perhaps to consider a different approach.

It doesn't mean that the teacher, clinician or regime is wrong, just that our implementation is not working for ourselves and for our horse at this time. At the end of the day, it is, after all, about ourselves and our horses.

The best riders I know have a list as long as their arm of the people with whom they have trained and studied.

Enjoy the opportunities!

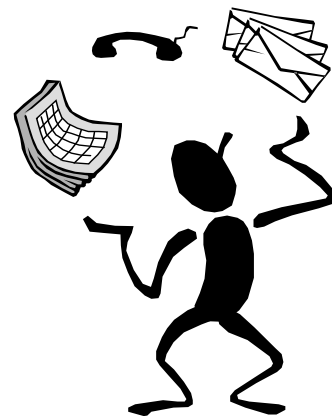
Caroline Kroko (*Mrs. Ed*)

**PRESIDENT** CONTINUED

(Continued from page 1)

well as a representative from the Summit County area on the Board! Please help me welcome Stephanie to the UDS Board of Directors!

Stacey



## DYNAMITE SPECIALTY PRODUCTS

"Only the finest nutritional products for all your four legged friends!"



From Dogs to horses and every animal in between  
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**Distributed by: Marlo ViVenzio 801-918-9715**

## 2008 UDS AWARD WINNERS



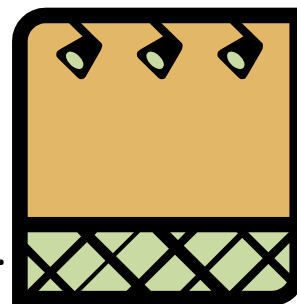
Left to Right: Evan Hills, Gary Lawrence, Melanie Muirbrook, Jody Roche, Jan Lawrence, Julie Fox; Front left: Melanie Muirbrook Photo by: Sheryl Hohle



### NEWSLETTER NAMING CONTEST

Please help to name the UDS Newsletter!  
Send your creative, clever ideas to Stacey Ade at:  
[Vanderadefriesians@yahoo.com](mailto:Vanderadefriesians@yahoo.com)

**PRIZE:** The winner will receive a white UDS Dressage saddle pad.





Da Vinchi Royale (UDS Training Level Open Champion) and his brother Derek with their buddy, Eddie the Elk. All the "boys" are from Jackson, Wyoming. Gives a whole new meaning to "Wyoming Warm-blood"

Contributor:  
Jan Lawrence

## UDS ANNOUNCEMENTS

### BOARD MEETINGS

Board Meetings are held on the first Wednesday of each month. Please Contact Stacey Ade, UDS President (see list below), for information.

### FAQ

**Question:** I have just gotten a second horse and we will be competing this year. Do I need to buy a separate membership for my second horse so that we can be eligible for UDS Awards?

**Answer:** No. At this time, UDS membership applies only to humans. If you own 16 horses, all of those horses are eligible for UDS awards as long as you (the human) are a UDS member. If you (the member) competes on someone else's horse, you and the horse are not eligible for UDS awards unless the owner is also a UDS member.

## UDS BOARD MEMBERS AND CONTACTS

### BOARD MEMBERS AND CONTACTS

#### President

Stacey Ade, 801-446-0640  
[vanderadefriesians@yahoo.com](mailto:vanderadefriesians@yahoo.com)

#### Vice President

Stephanie Brown-Beamer, 435-543-0930  
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#### Secretary

Kay Van Patter, 801-968-8227  
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#### Special Advisor

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#### Director of Membership

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#### Awards Tabulator

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#### Junior Young Rider Coordinator

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#### Newsletter Editor

Caroline Kroko, 801-942-2031  
[krokoc@earthlink.net](mailto:krokoc@earthlink.net)

**FEBRUARY—MARCH 2009      EVENT CALENDAR**

VISIT [WWW.UTAHDRRESSAGESOCIETY.NET/CALENDAR.HTM](http://WWW.UTAHDRRESSAGESOCIETY.NET/CALENDAR.HTM) FOR DETAILS AND CONTACT LINKS

**CLINICS**

- **April 10—11:** Alfredo Hernandez "In Hand" clinic. Contact Stephanie Brown-Beamer at 435-543-0930 [sbbeamer@earthlink.net](mailto:sbbeamer@earthlink.net)
- **April 17—19:** Sarah Martin Clinic. Contact Trisha Kerwin - 801 885-1946 or [tucknunder@comcast.net](mailto:tucknunder@comcast.net). Visit our website at [www.oakhillsstable.com](http://www.oakhillsstable.com) for more info.
- **May 4:** Loris Henry Clinic. Visit [www.DCTdressage.com](http://www.DCTdressage.com) for more info.
- **May 22—24:** Clayton Martin Clinic. Contact Trisha Kerwin - 801 885-1946 or [tucknunder@comcast.net](mailto:tucknunder@comcast.net)
- **June 4—7:** Eric Smiley Clinic. See UDS website for: [Information Flyer and Registration Form. Insurance Release.](#)

**SHOWS**

- **April 18:** Pegasus Event Center Dressage Schooling Series. Contact: [Carol Buhler](mailto:buhler_c@msn.com) buhler\_c@msn.com
- **May 2—3:** Idaho Dressage Festival I & II. Contact: [Caroline Hermann](mailto:carolineandjoel@rtci.net) carolineandjoel@rtci.net
- **May 3:** DCT Dressage Show, Las Vegas. Contact: [www.DCTdressage.com](http://www.DCTdressage.com)
- **May 13:** Hoofbeats Schooling show at Lynnleigh Farms. Contact Nance Allen [Nance@xmission.com](mailto:Nance@xmission.com)
- **May 16:** Lynnleigh Farm Dressage Show. Contact: [Nancy Armantrout](mailto:narm@centralpets.com) narm@centralpets.com
- **May 31:** Promontory Dressage Show I. Contact: [Adrianna Silvestri](mailto:asilvestri@promontoryclub.com) asilvestri@promontoryclub.com
- **June 10:** Hoofbeats Schooling show at Lynnleigh Farms. Contact Nance Allen [Nance@xmission.com](mailto:Nance@xmission.com)
- **July 15:** Hoofbeats Schooling show at Lynnleigh Farms. Contact Nance Allen [Nance@xmission.com](mailto:Nance@xmission.com)
- **Aug 12 :** Hoofbeats Schooling show at Lynnleigh Farms. Contact Nance Allen [Nance@xmission.com](mailto:Nance@xmission.com)

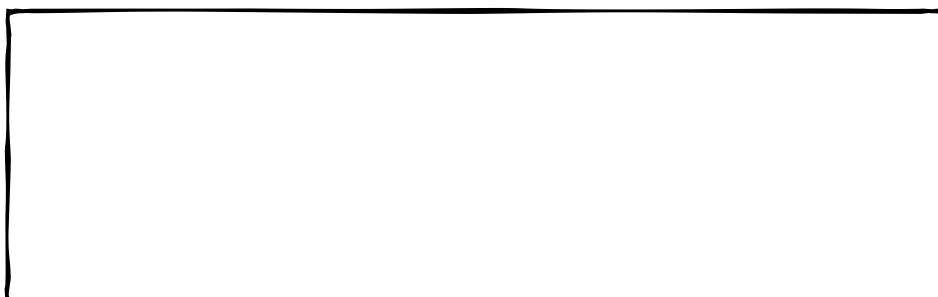
**OTHER EVENTS****Much Later ...**

- **June 21:** Sandy Howard Clinic (after show). Donnette Hicks 435-901-0095 if you would like to audit.

Utah Dressage Society  
PO Box 562  
Draper, Utah  
84020

**WE'RE ON THE WEB:**

<http://www.utahdressagesociety.net>



## MS MANNERS — LOOSE HORSES

Trust is a big part of horsemanship. We have to nurture our horses' reason to trust us, and also learn to trust them.

While mutual trust is critical, it's important that we don't forget that our horses—no matter how much we trust them—are still horses.

Horses are peaceful prey animals. This means that when something startles them, horses will almost always flee the perceived threat. They don't stop and consider the options, they don't pause to discuss the situation, they don't ask you if it's ok. They just go. And if one member of the herd flees, the whole herd flees. Flight and herd instinct is why the species has survived. It is also why loose horses in stabling areas are dangerous.

It's great fun to work with your

horse at liberty. Have him follow you around, stand grounded, come when called, step over scary objects and so-on.

Cool. Powerful. Relationship-affirming. Fun. Right? Of course. The reason it's so powerful is that both you and your horse know that he has his own mind and his own reactions.

In fact, if we could predict and influence our horses' every movement by voice commands, trust and relationships, there would be no halters, bridles, fences and stalls. I'd be riding Grand Prix! ... On second thought, I would have quit from boredom. After all, anyone who can read and speak can straddle a saddle and read the test aloud to a horse who will follow the instructions to the letter.

Back to the topic. A loose horse can and will leave you

when the spirit strikes him. This isn't wrong, unless there are other people and horses nearby.

If you haven't seen a wreck between a confined (tied, ridden or otherwise) and a loose horse, use your imagination. It's ugly.

Last year, a local woman was trampled and killed when (loose) horses in a pasture took off and spooked the horses she was leading. No horse or human was **WRONG**, But the result was tragic.

When in a communal stabling area, it is your responsibility to tie, hold or otherwise confine your horse.

If, in spite of your efforts, a horse gets loose, yell: "**Loose Horse**" so that everyone in the area can respond appropriately and as safely as possible.



### ***From the Horse's Mouth:***

*I realize that I have to earn my hay, and most of the time I do my job. After all, you're the boss.*

*Remember that I don't recognize your monetary system. I like the occasional barter in terms that I can understand. Surprise me. Let's walk and talk with friends, jump, trail ride ... or you can invent silly games.*

*Be like your favorite boss and **INSPIRE ME.***