



UDS E-NEWSLETTER JUNE 2011

INSIDE THIS ISSUE:

<i>E-Newsletter</i>	1
<i>EHV-Update</i>	1
<i>In the Works</i>	1
<i>Contest</i>	2
<i>Short Tour Photos</i>	3
<i>Classified Ads</i>	3
<i>Coaches Corner</i>	4
<i>Omnibus Update</i>	5
<i>Article—A. Child</i>	6
<i>Member Application</i>	7

Official Newsletter of the
Utah Dressage
Society

We are on the web:
Utahdressagesociety.net

We are also on Face-
book—type in Utah Dres-
sage Society for more
pictures and info.

RENEWAL FOR UDS

Reminder: UDS Membership
year ends November 30,
2010. Renewal for 2011
begins December 1, 2010.
See our website to renew on-
line
<http://utahdressagesociety.net> or
print a form and mail to
UDS
P.O. Box 562
Draper, Utah 84020

E-NEWSLETTER—NEW FORMAT

Welcome to the first UDS E-Newsletter!!

We are trying out a new newsletter format for the next six months. The UDS E-Newsletter will be delivered by email for the majority of the members. We feel this is a good step in the right direction. It means that the UDS is going **GREEN**, that the Newsletter can be in color, larger without costing more, cover more subjects, have more articles and will be printable. We would also be saving between \$125–\$250 an issue depending on how large the newsletter is and the size of the membership at the time of mailing and stamping the newsletter which can be used for education, clinics, and more.

Here are some of our ideas for more articles/ items in the newsletter.

Coaches Corner
Youth Corner
UDS History
What I Wish I Knew Then stories
New Member Corner/Member's Corner
(articles from members)
Tips and Tricks for Barn Management
Classified Ads with color photos
Book Reviews
Vet articles
& more as ideas are presented

If you have any ideas for more subjects, please let me know. Send articles, classified ads, book reviews, etc., to dressage-lady@gmail.com by the 1st of each month for inclusion in the newsletter.

I hope to hear from you!

EHV-UPDATE

On June 2, 2011, the Idaho Department of Agriculture says another horse has been infected with the highly contagious Equine Herpes Virus-1, bringing the number of confirmed cases in the state to seven horses. The department reported Sunday that the Bonneville County horse tested positive for the disease, that it was only showing mild symptoms and was expected to recover. The Post Register reports that the animal was a stable-mate of horses that traveled to Ogden, Utah, for the Western National Cutting Championships several weeks ago. The event in Ogden, Utah is believed to be where the outbreak began. The U.S. Department of Agriculture said last week that 84 confirmed cases of the disease have been reported in nine states. So far, 12 horses have died or been euthanized because of the disease. The Bonneville County facility is observing a quarantine for 28 days from the test date.

Show Cancellations and Reschedules

Millbrook Show Jun 11-12—cancelled

Collectives 6-18 Short Tour Series—cancelled

Sage Creek Show —cancelled—Aug 19-20

Collectives rated show (new) Aug 5.

**Short Tour Championship Show new date
August 27**

In the works for 2011-2012

The UDS Board is looking ahead with a renewed sense of energy bolstered by the prospect of becoming a tax-deductible not-for-profit, which should be completed by the end of this year. Also the addition of the innovative Short Tour Dressage Program, in April 2012, Lilo Fore will be here for a 2-day clinic and in 2012, the Collectives and the UDS will be hosting the Regional Championships! More details soon.

Contest—Enter to Win

Send articles, pictures, ads, items of interest to

Vicki May
UDS Newsletter
Editor
dressage-
lady@gmail.com

Deadline for
Newsletter is **1st**
of each month.

We are having a Contest and we need Photos!

We need a new cover photo for the 2012 Omnibus and Annual Show and

A photo for the Short Tour Program for 2012

Maybe more.....

The photos must be dressage related, unique and in a printable form.

Photos that are submitted will be placed on easels at the Annual Banquet/Annual Meeting for voting by members.

More details will be available soon.

Short Tour Photos from Lynnleigh Farm in May 2011



CLASSIFIED AD RATES

Newsletter Ads will also be run on the UDS website for no additional charge.

UDS Members receive 100 free words per year per member in the classifieds.

Make checks payable to Utah Dressage Society
P. O. Box 562
Draper, Utah 84020 or

clas-

Rates for Display Ads: (includes a photo)

- Full Page \$50.00 per issue
- Half Page \$25.00 per issue
- Business Card \$15.00 per issue

Use PayPal to pay for your ads. Be sure to notate on check or PayPal that the payment is for a Newsletter Ad.

Deadline for Newsletters is the 5th of each month. Ads must be paid for before this time.

Rates for Classified Ads:

- Up to 25 words \$5.00
- Up to 50 words \$10.00

Classified Ads

5yr old Oldenburg thoroughbred pinto mare by Are Deco. 15.3hh, dressage prospect. Loves to jump, broke, lunges, ties, trailer and clips. Gentle and sensitive \$10,000 OBO.



If you have an item to sell, a service you would like advertised, or a company you would like recognized in the UDS Newsletter, send in your information to Vicki May, P.O. Box 562, Draper, Utah 84020 or dressagelady@gmail.com, see rates above.

Coaches Corner

Tisha Green sent in the following quote from Arthur Kottas Heidenberg.

Kottas on Dressage

The Collected Canter

This requires:

A very collected horse, working on shortened bases.

A perfectly balanced horse, with very active hind legs and haunches, very flexed to allow the raising of the forehand.

A horse who retains a supple back.

A neck carried high, with the poll the highest point.

Forelegs that have to gain in height what they lose in length of step.

Focused, slower and higher movements from the horse.

A slow and majestic cadence.

A superior impulsion with a rigorously straight horse.

A total absence of stiffness.

The jaw yields to the slightest action of the rider's fingers.

Kottas on Dressage

Arthur Kottas Heidenberg

"If the horse is not 'bridged over the bit' and in self carriage, your exercise for suppleness is lost in the struggle" - by Tisha Green



www.sheerblackstallionser.com

www.tishagreendressage.com

435-655-5503

Park City, Utah 84098

Calling all coaches—get your thoughts and ideas and tips in the Newsletter!

Omnibus Reminder!!!

Since we all have so much extra time with so many shows canceling, it's a good time to start working on our prize lists for next summer!! Our year end awards banquet will be held November 12, 2011 at The Jeremy Golf & Country Club, but we won't have the omnibuses ready by then (of course)! Just a reminder about the deadline for ALL PRIZE LISTS AND ADVERTISEMENTS AND PAYMENTS will be DECEMBER 15, 2011. Let's use our time wisely

UDS \$250 Scholarship—What I did with Mine by Alison Child

Thanks UDS!

I applied for and received a \$250 scholarship from the UDS to participate in a two-day clinic with USEF Young Rider Coach Jeremy Steinberg. In case you didn't know, the UDS provides a maximum of 6, \$250 scholarships per year. Unfortunately, very few people take advantage of this opportunity, probably because they just aren't aware of it. Prior to receiving the grant money, you must write an article for the newsletter on how the educational experience contributed to your training. So here we go:

As a little background, I ride Zulu, a 16 year old, 17 hand Hanoverian that I've owned for 11 years. I'm an adult amateur currently competing at Intermediate I with dreams of making it to Grand Prix. I've been in training with Margo Gogan all of those years and Jeremy has been a clinician at our barn for about 2 years.

With Jeremy, it's all about the quality of the connection, the use of the horse's back, the lightness of the forehand and the activity of the hind-quarters. With Zulu, it's all about trying to get me to pitch forward and not be committed in my body and the use of my aids. Over the years, Zulu had talked me into an agreement that the quality of throughness he was offering was perfectly acceptable. The reality was, he and I were both cheating but I just hadn't developed a sophisticated enough feel to understand what was missing.

To help me develop that feel and understanding, I really had to trust Jeremy and do what he told me to do. For starters, I had to get Zulu to sit down on his butt by occasionally sitting back behind the vertical a few strides, use my body as a lever, while pushing with my legs into an up and out connection. In the beginning, I felt I was too much behind the vertical and the connection too strong. But when I remained committed in my body and insistent that he "bend the bow" from the hind legs over the back and up into my hand, the connection lightened, the forehand rose up and the shoulders became more mobile. When your dealing with a big horse like Zulu, this is a very tough lesson and one that takes incredible discipline day in and day out. He's the type where if you give him an inch, he'll take the reins and you'll be a mile down the road before you even fasten your seatbelt.

before you even fasten your seatbelt.

During this last clinic, we focused on improving Zulu's ridability by continually testing the longitudinal and lateral suppleness and responsiveness. Could I do an extended canter and come back on the spot to a school canter or pirouette? Could I produce a very steep trot half pass, go medium a few strides then back to half steps all in the half pass? These were all questions I continually asked Zulu and sometimes I wasn't happy with the answer. So I had to approach with it an insistence that said to him, you will sit on your butt and not get strung out and try to run across the diagonal. You will sit down, raise your forehand and your front legs will move up and over like a ballerina, not a freight train. The connection will be light and supple and you will not take over. There's a new sheriff in town and she's in charge of the speed, the activity and the length of the steps.

It's been a real eye opener to begin to understand and feel the quality in the throughness and the connection that is possible in Zulu. Jeremy and Margo have given me a whole new dimension in my expectations for us both.

Throughout this journey, I continue to marvel at the fact that the more I learn, the more I learn how much I don't know. It's a very humbling sport.

Thanks UDS, for being a part of the adventure.

More about Scholarships:

UDS Scholarships are available to all members. There are two scholarships for \$250.00 each and must be used to further your dressage education and training. Eligible expenses will include, cost of clinics, mounted or un-mounted, reasonable expenses to attend these clinics, cost of educational materials such as training books and videos and other educational opportunities such as symposiums. For more information, look under Forms on our web site at utahdressagesociety.net. Applications must be post-marked by October 15 of the year prior to the scholarship year. This is a great way to further your training!



Utah Dressage Society

A tax exempt, not for profit organization IRS-501(c)(7)

PO Box 562 Draper, Utah 84020 www.utahdressagesociety.net

Utah Dressage Society Membership Application

Membership Year: _____
First Name: _____
Last Name: _____
Street Address: _____
City: _____
State: _____
ZIP: _____
Phone: _____
E-mail: _____

The information entered above will be published in the UDS Omnibus. Personal information is for UDS purposes only and will not be sold.

Check here for an "unlisted" phone number and email in the omnibus

Division: **\$40** Junior/YoungRider _____
\$50 Adult Amateur _____ Open _____ Owner _____

USEF Number: _____ Required for AA Riders (or enter "none")

Rider's Date of Birth: _____ mm/dd/yy if < age 22 otherwise enter Adult

Name on check: _____ if different from Member Name

Check Number: _____

If you are the OWNER of a horse, fill in the information below. Otherwise, you are done!

Horse's Show name: _____

Horse's USDF or HID number: _____

Send Payment to: UDS, PO Box 562, Draper, UT 84020

Utah Dressage Society
P. O. 562
Draper, Utah 84020

We're on the Web
<http://www.utahdressagesociety.net>
Facebook: Utah Dressage Society



Time to Renew your UDS Membership.

The UDS will **NOT** raise its membership fee for this year. The USDF has raised their fees, but we will keep our dues at \$50.00 for adults and \$40.00 for JRs. (\$20.00 of that goes to the USDF.) You can print a form from the UDS Website and mail in your membership form or use PayPal and pay on-line. If you need a copy of the Membership form, contact Kay vanPatter at 801-968-9227. If you haven't renewed your membership, this will be your last newsletter . :).